



## GPS Long Term Overview PE

	<u>Autumn 1</u>	<u>Autumn 2</u>	<u>Spring 1</u>	<u>Spring 2</u>	<u>Summer 1</u>	<u>Summer 2</u>
<b><u>KS1 (Year 1 of 2)</u></b> <b><u>2022-23</u></b>	Basic Ball Skills: Introduction to Games Activities	Developing Balance, Agility and Co- ordination Introduction to Gymnastics (using apparatus)	Performing dances from different continents around the world	Gymnastics: Jumping and Climbing	Athletics: Running and Jumping Sports Day	Team Games: Developing, Attacking and Defending
<b><u>KS1 (Year 2 of 2)</u></b>	Basic Ball Skills: Introduction to Games Activities	Developing Balance, Agility and Co- ordination Introduction to Gymnastics (using apparatus)	Performing dances from different continents around the world	Gymnastics: Jumping and Climbing	Athletics: Running and Jumping Sports Day	Team Games: Developing, Attacking and Defending
<b><u>LKS2 (Year 1 of 2)</u></b>	Hockey and Football skills	Gymnastics	Dance	Athletics/circuit training	Tennis	Invasion games
<b><u>LKS2 (Year 2 of 2)</u></b> <b><u>2022-23</u></b>	Hockey and Football skills	Gymnastics	Yoga Tudor Dance	Athletics	Fitness Circuits Y4 residential	Tennis
<b><u>UKS2 (Year 1 of 2)</u></b>	-Invasion Games: Hockey/Soccer	-Gymnastics  Swimming	Dance	-Striking & Fielding -Games: Net, court & wall	-Games: Net, court & wall -Y6 Residential, Outdoor	-Athletics Orienteering
<b><u>UKS2 (Year 2 of 2)</u></b> <b><u>2022-23</u></b>	-Invasion Games: Hockey/Soccer	-Gymnastics  Swimming	Dance- south African Samba	-Striking & Fielding -Games: Net, court & wall	-Games: Net, court & wall -Y6 Residential, Outdoor	-Athletics